

Early Developmental Milestones Thanks to **Swim Lessons**

Major Milestone	Avg. Age Achieved (Non-Swimmer)	Avg. Age Achieved (Swimmer)	# of Months Ahead of Avg. Development
Separates easily from parents	32-78 Months	As early as 19 months	18 months ahead
Speaks clearly, enough to understand	61-72 Months	As early as 13 months	36 months ahead
Follows 2-3 word commands	25-77 Months	As early as 25	12 months ahead
Runs easily	37-72 Months	As early as 19 months	18 months ahead
Correctly names colors	49-72 Months	As early as 25 months	24 months ahead
Understands concept of counting	49-72 Months	As early as 25 months	24 months ahead
Interested in new experiences	49-72 Months	As early as 19 months	30 months ahead
Cooperates with other children	49-72 Months	As early as 25 months	24 months ahead

Swimmers are on average 23.25 months ahead of their non-swimming peers.